



Dressing Room Protocol - BDGMHA

The purpose of this policy is to provide clear guidelines while still maintaining a degree of leniency for team officials to provide players with a safe and inclusive environment. As our players mature in age, it becomes necessary for team staff to adhere to a dressing room policy to ensure the privacy of all players. The Head Coach of every team is responsible for enforcement of this policy and must ensure this protocol is handed out to every team member. Any deviation from this protocol must immediately be reported to the BDGMHA executive.

- A) There must always be at least 2 female adults in the dressing room.
- B) The OWHA recommends and the BDGMHA requires that there be a female in the dressing room at all times. A female adult dressing room monitor must be appointed for Midget level and below and must always be accompanied by another female adult until such time as team staff are permitted in the dressing room. An adult is considered 18 years and older. Speak Out! is required for the dressing room monitor as well as any other person interacting with the players. The dressing room monitor shall advise the Coach when the players are dressed and the coaching staff may enter the dressing room.
- C) For Novice, any parent or guardian is permitted in the dressing room until 10 minutes prior to the scheduled ice time.
- D) For Atom and older age groups, no male is permitted in the dressing room except as permitted under E) below.
- E) Only team staff is permitted in the dressing rooms 10 minutes prior to every ice time to brief the players on expectations for the ice time. In addition, only team staff are permitted in the dressing room 5 minutes after each ice time for a debrief. Parents and other non team staff are not permitted in the room during this time unless authorized by the Head Coach of the team. Per B) above, during this time, there must be one adult female present.
- F) All players should be in the dressing room at least 30 minutes prior to ice times.
- G) Players should be dressed 10 minutes prior to ice time to all male coaching staff time for pre-ice instructions.
- H) Players should not remove any equipment other than gloves, helmet and neck guards until the coaches have had an opportunity for a 5 minutes post ice time debrief.
- I) Players who anticipate a late arrival, please arrive dressed.
- J) If a male parent or guardian is required to make adjustments to player's equipment, the player should leave the dressing room and have the adjustments

made prior to 10 minutes before each ice session. This requirement may be waived for Novice only.

- K) No locked doors except when teams are on the ice.
- L) The use of personal digital assistants (any electronic device which can include some of the functionality of a computer, a cell phone, and a camera) are not permitted at any time in the dressing room.
- M) Should unforeseen circumstances arise that require an alternate solution, it is the responsibility of the Head Coach of the team to actively manage the risk and ensure the safety of individual players when they are dressing, undressing and showering.

Approved:

Belleville and District Girls Minor Hockey Association

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